

PREPARATION

<https://urbansurvivalsite.com/emergency-tools-shft/>

<https://modernsurvivalonline.com/survival-myths/>

<https://urbansurvivalsite.com/survival-skills-you-can-learn-without-spending-much-money/>

<https://urbansurvivalsite.com/50-preparedness-items-less-5/>

<http://beansbulletsbandagesandyou.com/bullets/2019/05/09/five-super-cheap-preps-budget/>

<https://www.askaprepper.com/10-emp-proof-items-hoard/>

<https://urbansurvivalsite.com/signs-economic-crisis-almost-here/>

These are just a small sampling of some of the classes that are available. Hopefully, this will give you a good place to start in finding free online classes to further your education.

<http://beansbulletsbandagesandyou.com/bullets/2019/05/13/free-online-courses-preppers/>

<https://beansbulletsbandagesandyou.com/bullets/2019/05/10/develop-plans-shft-situations/>

<http://beansbulletsbandagesandyou.com/bullets/2019/05/08/civilian-opsec-different-take/>

EVACUATION

<https://urbansurvivalsite.com/survive-without-bug-out-bag/>

Another list of stuff for the “perfect” bug-out-bag. None of this stuff is required, since your survival depends entirely on you.

<https://urbansurvivalsite.com/top-bug-out-bag-items/>

Many preparedness resources presume we all have a “bug-out location” we can run to and live in. A plot of land, or mountain retreat we own and have prepared for long term survival. In most evacuations, local government and volunteer organizations, such as the American Red Cross, have designated shelters such as schools, churches, etc. available for temporary shelter. Friends and family are another good option for temporary shelter.

<https://urbansurvivalsite.com/how-to-bug-out-no-land/>

SHELTER IN PLACE

Lessons from Hurricane Katrina: A surprising number of the fatalities of Katrina were found in their attics. They lived below the ocean level but would not evacuate because the evacuation buses and centers would not let them ***bring their pets***.

<http://beansbulletsbandagesandyou.com/bullets/2019/05/19/lessons-katrina-doc-shares-what-she-learned/>

COMMUNICATION

<https://graywolfssurvival.com/2716/ham-radio-best-shft-disaster-communication/>

<http://www.happypreppers.com/Communications.html>

<https://urbansurvivalsite.com/top-10-shft-communications/>

URBAN SURVIVAL

<https://urbansurvivalsite.com/how-to-survive-a-mugging/>

<https://modernsurvivalonline.com/survival-myths/>

<https://urbansurvivalsite.com/terrifying-truths-long-term-blackouts/>

BUSHCRAFT

<https://urbansurvivalsite.com/overlooked-important-survival-skills/>

<https://urbansurvivalsite.com/ways-open-locked-doors-urban-disaster/>

<https://modernsurvivalonline.com/survival-uses-for-salt/>

<https://urbansurvivalsite.com/minimize-generator-noise/>

DIY

<https://urbansurvivalsite.com/make-emergency-ration-bars-home/>

HEALTH & HYGIENE

<https://urbansurvivalsite.com/hygiene-products-youll-need-shft/>

<https://urbansurvivalsite.com/over-the-counter-meds-you-need-to-stockpile/>

<http://prepperswill.com/home-medicine-from-the-kitchen-cupboard/>

<http://beansbulletsbandagesandyou.com/bullets/2019/05/12/whats-causing-sickness/>

<https://urbansurvivalsite.com/otc-items-help-fight-radiation-poisoning/>

<https://www.activeresponsetraining.net/the-best-tourniquets-a-research-review>

<https://urbansurvivalsite.com/avoid-radiation-poisoning-unthinkable-happens/>

FOOD / WATER

<https://articles.mercola.com/herbs-spices/purslane.aspx>

<https://modernsurvivalonline.com/survival-uses-for-salt/>

<https://urbansurvivalsite.com/make-emergency-ration-bars-home/>

<https://articles.mercola.com/herbs-spices/purslane.aspx>

DEFENSE

A few words about defense.

Any discussion of prepping and survival, eventually gets around to guns and self defense. We [Preparedness Committee] intend to include information on those topics here on the Emergency Preparedness section of the Springlake Community web page, however we will endeavor to remain silent on the political aspect of those topics.

It can not be denied that use of force and the tools of force are a part of the human condition, and to some extent non-humans as well. Our Creator equipped some earth dwellers with built-in weapons and defenses. Most mammals have large sharp teeth and claws, and the ability to run fast. Many others have the ability to fly away from danger. Still others are given armor-like shells for protection, or are simply too large to mess with. Much of that applies to species of reptiles, insects and species of vegetation with thorns. Color and camouflage offer other forms of nature's defenses. Nature is made of predators and prey. The "food chain" if you will.

Humans by comparison are relatively weak and vulnerable. We have somewhat useless teeth compared with fangs, and "nails" instead of claws for defense. We can't run nearly as fast as other predators. One advantage we do have over other predators: Big brains. We have the ability to solve problems and compensate for our weaknesses by creating tools to overcome our vulnerabilities.

My position on firearms is well known, and I shall make every effort to keep it technical and avoid emotional, or political information. Human history has shown that when the normal societal condition breaks down, some among us choose to ignore law and order, manners, or simple decency. Crime and theft by force becomes a reality. Some of our fellow citizens desperate for their personal or tribal survival, are very willing to take what they want, from those who have what they want. By force, or murder if they feel it necessary. In a perfect world that shouldn't happen, but we dwell in a much less than perfect world. There could come a time when there is no 9-1-1, and we would have to depend on ourselves for survival. That's reality.

Ron Willis

Committee Chairman

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Probably the most misunderstood aspect of firearms technology is performance of pistol ammunition. To make a long story short, there is no magic bullet. There is no pistol ammunition which can reliably produce a "one shot stop" against an aggressive opponent. Sure, it does happen if everything goes perfectly and the moon and stars are in the correct alignment, but don't count on it. The latest research tells us that all service caliber **self defense ammo** (.38 special; .357 magnum; .40 S&W; .45 Auto and even the vaunted .44 magnum) produce about the same results. I know that goes against everything we know from watching TV and movie gun fights, but that's the reality.

In the past 20 years or so, there has been a giant leap in pistol ammo research and design. Practice ammo will produce different results, but modern self defense ammo, by major manufacturers, is all good. Recognizing there is no magic pistol bullet and that one-shot-stops are largely a myth, modern police and military pistol training is to shoot until the threat stops. We've all heard the stories where the police had to shoot someone multiple times, what the media calls "excessive force." Now you know why so many shots had to be fired to stop the threat. Because that's what it took, and everything you know about pistol shooting is what you learned watching TV or the movies.

All of that having been said, we present the following, bearing in mind that the vast majority of firearm trainers agree; .22 caliber is great for small game, but inadequate for self defense. Likewise pistol calibers of less than .38 caliber, tend to fail stopping threats.

<https://urbansurvivalsite.com/best-ammo-calibers-shft/>

See also:

<https://www.buckeyefirearms.org/alternate-look-handgun-stopping-power>

<http://beansbulletsbandagesandyou.com/bullets/2019/04/03/rimfire-22lr-not-wise-defense-choice/>

When most folks hear the term “weapon” they automatically think “gun.” While it is true that most firearms are very effective weapons, there are other forms of weapons that can be effective in their own right. This article explores other weapons to consider for self defense. Some of ancient origin, and others of modern designs.

Also consider improvised weapons for defense. Almost anything can be used as a weapon. I like to demonstrate how a rolled up glossy paper magazine, commonly found on commercial airliners, can be an effective thrusting weapon. Same thing is true for common pens and pencils. Whatever works.

On another note, the Second Amendment says; “...keep and bear arms...” No type of arms are specified. No matter which tool is considered, it’s very important to train and practice, practice and practice safely, in order to be effective.

<https://urbansurvivalsite.com/survival-weapons/>

Among the prepper / survivalist community, the belief is that ammunition could very well become a form of currency, or barter in a long-term, grid-down scenario. Stockpiling ammunition, especially common calibers such as .22 lr, 9mm, 38 spl, .308, and .223, etc. may prove to be beneficial for your survival in more ways than one.

<http://prepperswill.com/stockpiling-ammo-shtf-much-enough/>

<https://modernsurvivalonline.com/best-ways-to-secure-your-guns/>

<http://beansbulletsbandagesandyou.com/bullets/2019/05/08/civilian-opsec-different-take/>

<https://gunsandgadgetsdaily.com/3-guns-to-get-you-through-armageddon/>

### **WHAT IF.....**

<https://www.askaprepper.com/10-emp-proof-items-hoard/>

<https://urbansurvivalsite.com/signs-economic-crisis-almost-here/>

<https://urbansurvivalsite.com/avoid-radiation-poisoning-unthinkable-happens/>

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<https://urbansurvivalsite.com/unlikely-disasters/>